

Franklin County R-II Breakfast Menu

OCTOBER 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------------|----------------------|--|-----------------|--------------------|----------|
| | | 1 | 2 | 3 | 4 | 5 |
| | | Pancakes w/Syrup | Biscuit & Gravy | Breakfast Pizza | Yogurt Stick | |
| | | Applesauce | Egg | Apple | Muffin | |
| | | Oranges | Mandarin Oranges | Juice | Mixed Fruit | |
| | | | Pears | | Banana | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| | Cereal | Waffles w/Syrup | Biscuit & Gravy | Pancake Wrap | Bagel with | |
| | Pineapple | Applesauce | Sausage | Grapes | Cream Cheese | |
| | Juice | Banana | Mandarin Oranges | Juice | Apples | |
| | | | Peaches | | Banana | |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| | NO SCHOOL | French Toast w/Syrup | Biscuit & Gravy | Cheese Omlet | Oatmeal w/Toppings | |
| | Professional | Applesauce | Egg | Apple | Toast | |
| | Day | Grapes | Mandarin Oranges | Juice | Grapes | |
| | | | Pears | | Strawberries | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| | Cereal | Waffles w/Syrup | Biscuit & Gravy | Breakfast Pizza | Yogurt Stick | |
| | Pineapple | Applesauce | Sausage | Grapes | Muffin | |
| | Juice | Banana | Mandarin Oranges | Juice | Mixed Fruit | |
| | | | Peaches | | Banana | |
| 27 | 28 | 29 | 30 | 31 | (a) | (3) |
| | Cereal | French Toast w/Syrup | Biscuit & Gravy | Pancake Wrap | <u> </u> | (A) |
| | Peaches | Applesauce | Egg | Apple | | |
| | Juice | Oranges | Mandarin Oranges | Banana | | |
| | | | Pears | | | |
| | | Notes: | Milk is offered daily: Fat Free Chocolate and 1% White | | | |
| | | | Juice offered is 100 | % Juice | 3 | |
| | | | Menu is Subject to Change | | | |
| (An) | | "This institution | is an equal opportuni | ty employer. | | |